0.0.1 Without Hindrances

1. “On the occasion, O bhikkhus, when the noble disciple listens to the Dhamma, having made it his aim, having attended to it with all his mind, having collected it together with eager ears, on that occasion the five hindrances do not come to be. On that occasion the seven awakening factors go to full maturation by enculturation. Which five hindrances do not come to be on that occasion? The hindrance of sensual desire does not come to be on that occasion. The hindrance of ill-will does not come to be on that occasion. The hindrance of sluggishness and lack of mental agility does not come to be on that occasion. The hindrance of restlessness and remorse does not come to be on that occasion. The hindrance of doubt does not come to be on that occasion. On that occasion these five hindrances do not come to be.

2. Which seven awakening factors go to full maturation by enculturation on that occasion? The awakening factor of mindfulness goes to full maturation by enculturation on that occasion. The awakening factor of investigation of dhammas goes to full maturation by enculturation on that occasion. The awakening factor of energy goes to full maturation by enculturation on that occasion. The awakening factor of happiness goes to full maturation by enculturation on that occasion. The awakening factor of tranquility goes to full maturation by enculturation on that occasion. The awakening factor of samadhi goes to full maturation by enculturation on that occasion. The

awakening factor of equanimity goes to full maturation by enculturation on that occasion. On the occasion, O bhikkhus, when the noble disciple listens to the Dhamma, having made it his aim, having attended to it with all his mind, having collected it together with eager ears, on that occasion these five hindrances do not come to be. On that occasion these seven awakening factors go to full maturation by enculturation."