0.0.1 extinction

khayasuttaṃ

1. Whichever path, O bhikkhus, whichever path to tread, leads to the extinction of thirsting, that path, that path to tread, you must enculturate. But what path, O bhikkhus, what path to tread, leads to the extinction of thirsting? That is the seven factors of awakening. Which seven? The mindfulness awakening factor, the investigation of dhammas awakening factor, the energy awakening factor, the happiness awakening factor, the tranquility awakening factor, the samadhi awakening factor, the equanimity awakening factor. When thus was said, the venerable Udayi said this to the Auspicious One: “How, O Bhante, are the seven awakening factors enculturated and made abundant in order to lead to the extinction of thirsting?”

yo bhikkhave, maggo yā paṭipadā taṇhakkhayāya saṃvattati[1], taṃ maggaṃ taṃ paṭipadaṃ bhāvetha. katamo ca bhikkhave, maggo katamā ca paṭipadā taṇhakkhayāya saṃvattati: yadidaṃ sattabojjhaṅgā. katame satta: satisambojjhaṅgo dhammavicayasambojjhaṅgo viriyasambojjhaṅgo pītisambojjhaṅgo passaddhisambojjhaṅgo samādhisambojjhaṅgo upekhāsambojjhaṅgoti. evaṃ vutte āyasmā udāyi bhagavantaṃ etadavoca: kathaṃ bhāvitā nu kho bhante, satta bojjhaṅgā kathaṃ

[1] saṃvattanti - sī, 1, 2.

bahulīkatā taṇhakkhayāya saṃvattantīti.

2. “Here, O Udayi, a bhikkhu enculturates the mindfulness awakening factor in dependence on seclusion, in dependence on fading away, in dependence on cessation, maturing in relinquishment, abundant, exalted, immeasurable, free from affliction. For him enculturating the mindfulness awakening factor in dependence on seclusion, in dependence on fading away, in dependence on cessation, maturing in relinquishment, abundant, exalted, immeasurable, free from affliction, there is the abandoning of thirsting. With the abandoning of thirsting, there is the abandoning of kamma. With the abandoning of kamma, there is the abandoning of suffering. Thus, O Udayi, from the extinction of thirsting comes the extinction of kamma. From the extinction of kamma comes the extinction of suffering.”

idhūdāyi, bhikkhu satisambojjhaṅgaṃ bhāveti vivekanissitaṃ virāganissitaṃ nirodhanissitaṃ vossaggapariṇāmiṃ vipulaṃ[2] mahaggataṃ appamāṇaṃ abyāpajjhaṃ. tassa satisambojjhaṅgaṃ bhāvayato vivekanissitaṃ virāganissitaṃ nirodhanissitaṃ vossaggapariṇāmiṃ. vipulaṃ mahaggataṃ appamāṇaṃ abyāpajjhaṃ. taṇhā pahīyati. taṇhāya pahānā kammaṃ pahīyati. kammassa pahānā dukkhaṃ pahīyati. iti kho udāyi, taṇhakkhayā kammakkhayo. kammakkhayā dukkhakkha-

[2] vepullaṃ - sī 1, 2.

yoti.

3. “He enculturates the investigation of dhammas awakening factor in dependence on seclusion, in dependence on fading away, in dependence on cessation, maturing in relinquishment, abundant, exalted, immeasurable, free from affliction. For him enculturating the investigation of dhammas awakening factor in dependence on seclusion, in dependence on fading away, in dependence on cessation, maturing in relinquishment, abundant, exalted, immeasurable, free from affliction, there is the abandoning of thirsting. With the abandoning of thirsting, there is the abandoning of kamma. With the abandoning of kamma, there is the abandoning of suffering. Thus, O Udayi, from the extinction of thirsting comes the extinction of kamma. From the extinction of kamma comes the extinction of suffering.”

dhammavicayasambojjhaṅgaṃ bhāveti vivekanissitaṃ virāganissitaṃ nirodhanissitaṃ vossaggapariṇāmiṃ vipulaṃ mahaggataṃ appamāṇaṃ abyāpajjhaṃ. tassa dhammavicayasambojjhaṅgaṃ bhāvayato vivekanissitaṃ virāganissitaṃ nirodhanissitaṃ vossaggapariṇāmiṃ. vipulaṃ mahaggataṃ appamāṇaṃ abyāpajjhaṃ. taṇhā pahīyati. taṇhāya pahānā kammaṃ pahīyati. kammassa pahānā dukkhaṃ pahīyati. iti kho udāyi, taṇhakkhayā kammakkhayo. kammakkhayā dukkhakkhayoti.

4. “He enculturates the energy awakening factor in dependence on seclusion, in dependence on fading away, in dependence on cessation, maturing in relinquishment, abundant, exalted, immeasurable, free from affliction. For him enculturating the energy awakening factor in dependence on seclusion, in dependence on fading away, in dependence on cessation, maturing in relinquishment, abundant, exalted, immeasurable, free from affliction, there is the abandoning of thirsting. With the abandoning of thirsting, there is the abandoning of kamma. With the abandoning of kamma, there is the abandoning of suffering. Thus, O Udayi, from the extinction of thirsting comes the extinction of kamma. From the extinction of kamma comes the extinction of suffering.”

viriyasambojjhaṅgaṃ bhāveti vivekanissitaṃ virāganissitaṃ nirodhanissitaṃ vossaggapariṇāmiṃ vipulaṃ mahaggataṃ appamāṇaṃ abyāpajjhaṃ. tassa viriyasambojjhaṅgaṃ bhāvayato vivekanissitaṃ virāganissitaṃ nirodhanissitaṃ vossaggapariṇāmiṃ. vipulaṃ mahaggataṃ appamāṇaṃ abyāpajjhaṃ. taṇhā pahīyati. taṇhāya pahānā kammaṃ pahīyati. kammassa pahānā dukkhaṃ pahīyati. iti kho udāyi, taṇhakkhayā kammakkhayo. kammakkhayā dukkhakkhayoti.

5. “He enculturates the happiness awakening factor in dependence on seclusion, in dependence on fading away, in dependence on cessation, maturing in relinquishment,

abundant, exalted, immeasurable, free from affliction. For him enculturating the happiness awakening factor in dependence on seclusion, in dependence on fading away, in dependence on cessation, maturing in relinquishment, abundant, exalted, immeasurable, free from affliction, there is the abandoning of thirsting. With the abandoning of thirsting, there is the abandoning of kamma. With the abandoning of kamma, there is the abandoning of suffering. Thus, O Udayi, from the extinction of thirsting comes the extinction of kamma. From the extinction of kamma comes the extinction of suffering."

pītisambojjhaṅgaṃ bhāveti vivekanissitaṃ virāganissitaṃ nirodhanissitaṃ vossaggapariṇāmiṃ vipulaṃ mahaggataṃ appamāṇaṃ abyāpajjhaṃ. tassa pītisambojjhaṅgaṃ bhāvayato vivekanissitaṃ virāganissitaṃ nirodhanissitaṃ vossaggapariṇāmiṃ. vipulaṃ mahaggataṃ appamāṇaṃ abyāpajjhaṃ. taṇhā pahīyati. taṇhāya pahānā kammaṃ pahīyati. kammassa pahānā dukkhaṃ pahīyati. iti kho udāyi, taṇhakkhayā kammakkhayo. kammakkhayā dukkhakkhayoti.

6. "He enculturates the tranquility awakening factor in dependence on seclusion, in dependence on fading away, in dependence on cessation, maturing in relinquishment, abundant, exalted, immeasurable, free from affliction. For him enculturating the tranquility awakening factor in dependence on seclusion, in dependence on fading away,

in dependence on cessation, maturing in relinquishment, abundant, exalted, immeasurable, free from affliction, there is the abandoning of thirsting. With the abandoning of thirsting, there is the abandoning of kamma. With the abandoning of kamma, there is the abandoning of suffering. Thus, O Udayi, from the extinction of thirsting comes the extinction of kamma. From the extinction of kamma comes the extinction of suffering."

passaddhisambojjhaṅgaṃ bhāveti vivekanissitaṃ virāganissitaṃ nirodhanissitaṃ vossaggapariṇāmiṃ vipulaṃ mahaggataṃ appamāṇaṃ abyāpajjhaṃ. tassa passaddhisambojjhaṅgaṃ bhāvayato vivekanissitaṃ virāganissitaṃ nirodhanissitaṃ vossaggapariṇāmiṃ. vipulaṃ mahaggataṃ appamāṇaṃ abyāpajjhaṃ. taṇhā pahīyati. taṇhāya pahānā kammaṃ pahīyati. kammassa pahānā dukkhaṃ pahīyati. iti kho udāyi, taṇhakkhayā kammakkhayo. kammakkhayā dukkhakkhayoti.

7. "He enculturates the samadhi awakening factor in dependence on seclusion, in dependence on fading away, in dependence on cessation, maturing in relinquishment, abundant, exalted, immeasurable, free from affliction. For him enculturating the samadhi awakening factor in dependence on seclusion, in dependence on fading away, in dependence on cessation, maturing in relinquishment, abundant, exalted, immeasurable, free from affliction, there is the abandoning of thirsting. With the abandoning

of thirsting, there is the abandoning of kamma. With the abandoning of kamma, there is the abandoning of suffering. Thus, O Udayi, from the extinction of thirsting comes the extinction of kamma. From the extinction of kamma comes the extinction of suffering."

samādhisambojjhaṅgaṃ bhāveti vivekanissitaṃ virāganissitaṃ nirodhanissitaṃ vossaggapariṇāmiṃ vipulaṃ mahaggataṃ appamāṇaṃ abyāpajjhaṃ. tassa samādhisambojjhaṅgaṃ bhāvayato vivekanissitaṃ virāganissitaṃ nirodhanissitaṃ vossaggapariṇāmiṃ. vipulaṃ mahaggataṃ appamāṇaṃ abyāpajjhaṃ. taṇhā pahīyati. taṇhāya pahānā kammaṃ pahīyati. kammassa pahānā dukkhaṃ pahīyati. iti kho udāyi, taṇhakkhayā kammakkhayo. kammakkhayā dukkhakkhayoti.

8. "He enculturates the equanimity awakening factor in dependence on seclusion, in dependence on fading away, in dependence on cessation, maturing in relinquishment, abundant, exalted, immeasurable, free from affliction. For him enculturating the equanimity awakening factor in dependence on seclusion, in dependence on fading away, in dependence on cessation, maturing in relinquishment, abundant, exalted, immeasurable, free from affliction, there is the abandoning of thirsting. With the abandoning of thirsting, there is the abandoning of kamma. With the abandoning of kamma, there is the abandoning of suffering. Thus, O Udayi, from the extinc-

tion of thirsting comes the extinction of kamma. From the extinction of kamma comes the extinction of suffering."

upekhāsambojjhaṅgaṃ bhāveti vivekanissitaṃ virāganissitaṃ nirodhanissitaṃ vossaggapariṇāmiṃ vipulaṃ mahaggataṃ appamāṇaṃ abyāpajjhaṃ. tassa upekkhāsambojjhaṅgaṃ bhāvayato vivekanissitaṃ virāganissitaṃ nirodhanissitaṃ vossaggapariṇāmiṃ. vipulaṃ mahaggataṃ appamāṇaṃ abyāpajjhaṃ. taṇhā pahīyati. taṇhāya pahānā kammaṃ pahīyati. kammassa pahānā dukkhaṃ pahīyati. iti kho udāyi, taṇhakkhayā kammakkhayo. kammakkhayā dukkhakkhayoti.