### 0.0.1 Consolation

**1.** Friend Sāriputta, “one who has gained consolation, one who has gained consolation,” it is said. “To what extent, O friend Sāriputta, is there really one who has gained consolation?” From the time, O friend, a bhikkhu wisely understands as it has come to be the arising, the extinction, the gratification, the liability and the going out of the six domains for contact, it is really to that extent, O friend, that he is “one who has gained consolation.” “But friend, is there a path, is there a path to tread for the realization of this consolation?” “In fact, O friend, there is a path, there is a path to tread for the realization of this consolation.”

**2.** “But what, O friend, is this path? What is the path to tread for the realization of this consolation.” “Just this very noble eightfold path, O friend, is for realization of this consolation. That is: right view, right thought, right speech, right action, right livelihood, right effort, right mindfulness, right samadhi. This, O friend, is the very path, this is the path to tread for the realization of this consolation.” “What an auspicious path, O friend? An auspicious path to tread for the realization of this consolation. It is enough, friend Sāriputta, to be vigilant”

### 0.0.1 assāsasuttaṃ

**1.** assāsappatto assāsappatto'ti āvuso sāriputta vuccati. kittāvatā nu kho āvuso sāriputta assāsappatto hotīti. yato kho āvuso bhikkhu channaṃ phassāyatanānaṃ samudayañca atthagamañca assādañca ādīnavañca nissaraṇañca yathābhūtaṃ pajānāti, ettāvatā kho āvuso assāsappatto hotīti. atthi panāvuso maggo atthi paṭipadā etassa assāsassa sacchikiriyāyāti. atthi kho āvuso maggo atthi paṭipadā etassa assāsassa sacchikiriyāyāti.

**2.** katamo panāvuso maggo katamā paṭipadā etassa assāsassa sacchikiriyāyāti. ayameva kho āvuso ariyo aṭṭhaṅgiko maggo etassa assāsassa sacchikiriyāya. seyyathīdaṃ: sammādiṭṭhi sammāsaṅkappo sammāvācā sammākammanto sammāājīvo sammāvāyāmo sammāsati sammāsamādhi. ayaṃ kho āvuso maggo ayaṃ paṭipadā etassa assāsassa sacchikiriyāyāti. bhaddako āvuso maggo bhaddikā paṭipadā etassa assāsassa sacchikiriyāya. alañca panāvuso sāriputta appamādāyāti.