0.0.1 Mental Pleasure

1. This indeed was said by the Auspicious One, said by the Arahant, as heard by me:

2. "Endowed with these two dhammas, O bhikkhus, a bhikkhu simply abides in much physical and mental pleasure in this very life and has aroused the root cause for the extinction of the asavas. Which two? By being hypervigilant in that which should be a ground for arousing a hightened state of urgency, and root cause striving with hypervigilance. Endowed with these two dhammas, O bhikkhus, a bhikkhu simply abides in much physical and mental pleasure in this very life and has aroused the root cause for the extinction of the asavas."

3. This is the meaning of what the Auspicious One said. Thus, this was said there:

> "The wise one who is hypervigilant,
> in that which should be a ground for arousing
> a hightened state of urgency;
> the ardent prudent bhikkhu,
> calmly considers with wisdom.
>
> The one dwelling thus ardently,
> peaceful in conduct, not puffed up;
> one engaged in calmness of mind,
> arrives at the extinction of suffering."

4. “This too is the meaning of what was said by the Auspicious One. Thus was heard by me”.