0.0.1 Mental Pleasure

somanassasuttaṃ

1. This indeed was said by the Auspicious One, said by the Arahant, as heard by me:

vuttaṃ hetaṃ bhagavatā. vuttavarahatā'ti me sutaṃ.

2. “Endowed with these two dhammas, O bhikkhus, a bhikkhu simply abides in much physical and mental pleasure in this very life and has aroused the root cause for the extinction of the asavas. Which two? By being hypervigilant in that which should be a ground for arousing a hightened state of urgency, and root cause striving with hypervigilance. Endowed with these two dhammas, O bhikkhus, a bhikkhu simply abides in much physical and mental pleasure in this very life and has aroused the root cause for the extinction of the asavas.”

dvīhi bhikkhave dhammehi samannāgato bhikkhū diṭṭheva dhamme sukhasomanassabahulo viharati. yoni cassa āraddhā hoti āsavānaṃ khayāya. katamehi dvīhi? saṃvejanīyesu ṭhānesu saṃvejanena. saṃviggassa ca[1] yoniso padhānena. imehi kho bhikkhave dvīhi dhammehi samannāgatoba bhikkhu diṭṭheva dhamme sukhasomanassabahulo

[1] saṃvegassa ca. sī. a. mu.

viharati. yoni cassa āraddhā hoti. āsavānaṃ khayāyāti.

3. This is the meaning of what the Auspicious One said. Thus, this was said there:

etamatthaṃ bhagavā avoca. tatthetaṃ iti vuccati:

> “The wise one who is hypervigilant,
> in that which should be a ground for arousing
> a hightened state of urgency;
> the ardent prudent bhikkhu,
> calmly considers with wisdom.
>
> "saṃvejanīyaṭṭhānesu,
> saṃvijjate ca paṇḍito;
> ātāpi nipako bhikkhu,
> paññāya samavekkhiya.
>
> The one dwelling thus ardently,
> peaceful in conduct, not puffed up;
> one engaged in calmness of mind,
> arrives at the extinction of suffering.”
>
> evaṃvihārī ātāpi,
> santavuttī anuddhato;
> cetosamathamanuyutto,
> khayaṃ dukkhassa pāpuṇe'ti.

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4. “This too is the meaning of what was said by the Auspicious One. Thus was heard by me”.

ayampi atthe vutto bhagavatā. iti me sutanti.