0.0.1 Removal of Resentment

0. Source: Savatthi.

1. There are, O bhikkhus, these nine removals of resentment. Which nine?

2. "[Thinking]: He acted for my harm, but what is to be gained by [harboring resentment in] that here, one removes resentment. [Thinking]: He is acting for my harm, but what is to be gained by [harboring resentment in] that here, one removes resentment. [Thinking]: He will act for my harm, but what is to be gained by [harboring resentment in] that here, one removes resentment. [Thinking]: He acted for the harm of one who is dear and agreeable to me, but what is to be gained by [harboring resentment in] that here, one removes resentment. [Thinking]: He is acting for the harm of one who is dear and agreeable to me, but what is to be gained by [harboring resentment in] that here, one removes resentment. [Thinking]: He will act for the harm of one who is dear and agreeable to me, but what is to be gained by [harboring resentment in] that here, one removes resentment. [Thinking]: He acted for the benefit of one who is undear and disagreeable to me, but what is to be gained by [harboring resentment in] that here, one removes resentment. [Thinking]: He is acting for the benefit of one who is undear and disagreeable to me, but what is to be gained by [harboring resentment in] that here,

one removes resentment. [Thinking]: He will act for the benefit of one who is undear and disagreeable to me, but what is to be gained by [harboring resentment in] that here, one removes resentment. These, O bhikkhus, are the nine removals of resentment."