0.0.1 Illness

1. There are, O bhikkhus, these two illnesses. What two? Bodily illness and mental illness.

2. There are seen, O bhikkhus, beings acknowledging freedom from bodily illness for even one year; acknowledging freedom from bodily illness for even two years; acknowledging freedom from bodily illness for even three years; acknowledging freedom from bodily illness for even four years; acknowledging freedom from bodily illness for even five years; acknowledging freedom from bodily illness for even ten years; acknowledging freedom from bodily illness for even twenty years; acknowledging freedom from bodily illness for even thirty years; acknowledging freedom from bodily illness for even forty years; acknowledging freedom from bodily illness for even fifty years; acknowledging freedom from bodily illness for even one hundred years;

3. [Yet] among beings in the world with mental illness, O bhikkhus, it is difficult to find those who can [truly] acknowledge freedom from illness even for a moment, apart from those with asavas extinct.