0.0.1 Striving

padhānasuttaṃ

1. There are, O bhikkhus, these four right strivings. Which four?

cattārimāni bhikkhave sammappadhānāni. katamāni cattāri?

2. Here, O bhikkhus, for the non-arising of unarisen evil, unwholesome dhammas, a bhikkhu causes desire to be born, endeavors, initiates effort, asserts the mind and strives.

idha bhikkhave bhikkhu anuppannānaṃ pāpakānaṃ akusalānaṃ dhammānaṃ anuppādāya chandaṃ janeti vāyamati viriyaṃ ārabhati cittaṃ paggaṇhāti padahati.

3. For the abandoning of arisen evil, unwholesome dhammas, he causes desire to be born, endeavors, initiates effort, asserts the mind and strives.

uppannānaṃ pāpakānaṃ akusalānaṃ dhammānaṃ pahāṇāya chandaṃ janeti vāyamati viriyaṃ ārabhati cittaṃ paggaṇhāti padahati.

4. For the arising of unarisen wholesome dhammas, he causes desire to be born, endeavors, initiates effort, as-

anuppannānaṃ kusalānaṃ dhammānaṃ uppādāya chandaṃ janeti vāyamati viriyaṃ ārabhati cit-

serts the mind and strives.

taṃ paggaṇhāti padahati.

5. For the persistence, non confusion, increasing, full enculturation, maturation and completion of arisen wholesome dhammas, he causes desire to be born, endeavors, initiates effort, asserts the mind and strives.

uppannānaṃ kusalānaṃ dhammānaṃ ṭhitiyā asammosāya bhīyobhāvāya vepullāya bhāvanāya pāripūriyā chandaṃ janeti vāyamati viriyaṃ ārabhati cittaṃ paggaṇhāti padahati.

6. "These, O bhikkhus, are the four right strivings."

imāni kho bhikkhave cattāri sammappadhānānīti.

"Those who strive rightly,

have overpowered Mara's realm;
they are independent,
gone beyond the fear of birth and old age.

Those contented ones,
having conquered Mara with his army;
unperturbed are they,

sammappadhānā,
māradheyyādhibhūtā [1];
te asitā,
jātimaraṇabhayassa pāragū.

te tusitā,

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[1] māradheyyābhibhūtaṃ, machasaṃ.

those happy ones,
free from all of Namuci's
powers."

jetvāna māraṃ savā-
hiniṃ[2];
te anejā,
(sabbaṃ) namuciba-
laṃ upātivattā te
sukhitāti.

[2] savāhanaṃ, machasaṃ.